



Welcome to 8 South!

Today is _____

My name is **Emelda Forrester**, and I am the **Nurse Manager** of this unit. Your hospital stay is very important to us and we are striving to make it a pleasant one. I am available from Monday-Friday, 8 AM to 4 PM if you have any questions or concerns about your stay. If I am not on the unit, you can leave a voicemail for me at **(718) 470-7039**.

While you are with us, a Registered Nurse and a Patient Care Assistant (PCA) will be assigned to you every shift. Please let them know when you need help with anything. A Unit Receptionist will answer your call bell and notify the RN or PCA that you need help. We are glad to be of assistance!

You will have a different **RN** and **PCA** assigned to you at these times:

8:00—8:30 AM: RN and PCA

4:00-4:30 PM: PCA

8:00-8:30 PM: RN

Midnight: PCA

It's important that you are informed about what to expect during your time with us. Here is a typical day's schedule on 8 South:

6:00—7:00 AM: Surgical teams make rounds with our patients

6:00—7:30 AM: Labs are drawn, Foley catheters emptied by the PCAs

7:30—9:00 AM: Hygiene

9:30 AM: Breakfast is served

12:30—1:00 PM: Lunch is served

1:00 PM: Visiting Hours begin

2:00—4:00 PM: PCA rounds for personal care, emptying of drains and Foleys

5:30 PM: Dinner is served

6:00—8:00 PM: PCA rounds for personal care, emptying of drains and Foleys

8:00 PM: Visiting Hours end

10:00 PM: Quiet time (note: PCA's will make one more round to empty drains and Foleys for your comfort)

Note: In your first 24 hours with us, we will check your vital signs every 4 hours, day & night

On behalf of the 8 South staff, we would again like to welcome you to our unit. We hope that you have a speedy recovery and a pleasant patient experience..

Sincerely,

Emelda Forrester, Nurse Manager

PS: Please be sure to check out the other side for more information!! —>

To our Patients and Families,

It is very important to us that you can recognize the various members of the healthcare team that are caring for you. Many of our staff wear uniforms to make this process easier for you:

- **Registered Nurses** can be identified by their white tops and blue pants.
- **Patient Care Associates (PCA)/Nursing Assistants (NA)** can be identified by their hunter green scrubs.
- **Unit Receptionists** can be found at the nursing station, and are usually in business casual clothing.
- Other members of the care team may not be easily distinguished by what they are wearing. These members include the Physicians (Attendings, Residents, and Medical Students), Physician Assistants (PA), Case Managers, Social Workers, Therapists, and Clinical Dietitians.

All staff will be wearing an ID badge to ensure that you know not only their roles but their names. If you cannot read someone's badge, please do not hesitate to ask. Our staff will also be introducing themselves to you.

Your Notes

Please feel free to use the space below to write down your questions and also your feedback to us about your experience while on 8 South. Your comments are appreciated and taken very seriously. Thanks!